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Day	Meal	Course	Ingrediant	Quantity	Buy In	Dept
All Lunches	Lunch	Beer	Beer		Bangor	Beer
All Lunches	Lunch	Beer	Beer		Bangor	Beer
Friday	Dinner	Chicken Dumplings	Water	3 boxes	Bangor	Beverages
Trail		Gator Aide			Bangor	Beverages
Wednesday	Breakfast	French Toast	Bread	14 slices	Bangor	Bread
Two Lunches	Lunch	Peanut Butter & Jelly (2)	Bread	48 slices	Bangor	Bread
One Lunch	Lunch	Tuna Fish Sandwhichs	Bread	12 slices	Bangor	Bread
Friday	Breakfast	Hash & Eggs	English Muffins	6	Bangor	Bread
Thursday	Dinner	pasta w/ white clam sauce	Garlic Bread		Bangor	Bread
Lunch	Daily		Pita Bread		Bangor	Bread
Monday	Dinner	Garlic Bread	Ready made Garlic bread	2	Bangor	Bread
Wednesday	Breakfast	Cooking Fat	Butter	2 Lbs	Bangor	Dairy
Wednesday	Dinner	Filet Mignon	Butter		Bangor	Dairy
Thursday	Dinner	pasta w/ white clam sauce	Butter		Bangor	Dairy
Tuesday	Breakfast	French Omlette w/ Herbs	Eggs	18	Bangor	Dairy
Wednesday	Breakfast	French Toast	Eggs	8 eggs	Bangor	Dairy
Thursday	Breakfast	Huevos Migas	Eggs	12	Bangor	Dairy
Friday	Breakfast	Hash & Eggs	Eggs	12	Bangor	Dairy
Wednesday	Breakfast	French Toast	Milk	1.5 Cups	Bangor	Dairy
Wednesday	Dinner	Filet Mignon	Milk	1 cup	Bangor	Dairy
Thursday	Breakfast	Huevos Migas	Monty Jack, shredded	Pkg	Bangor	Dairy
Daily	Breakfast	OJ	OJ	gallon	Bangor	Dairy
Thursday	Breakfast	Huevos Migas	Corn Tortillas	6	Bangor	Deli
Tuesday	Dinner	Green Chili with Pork	Flour Tortillas		Bangor	Deli
One Lunch	Lunch	Cheese & Crackers	Humous	Tub	Bangor	Deli
Tuesday	Breakfast		Bagels	6	Bangor	Frozen
Daily	Breakfast	Bagels	Bagels	??	Bangor	Frozen
Daily		Asst	Ice Blocks		Bangor	Frozen
Monday	Dinner	Cioppino Seafood Stew	Italian Greenbeans	2 boxes	Bangor	Frozen
Wednesday	Breakfast	Breakfast Meat	Bacon	2 Lbs	Bangor	Meat
All Lunches	Lunch	Carrot Sticks	Baby carrots	2 Lbs	Bangor	Produce
Wednesday	Breakfast	French Toast Filling	Bananas	4	Bangor	Produce
One Lunch	Lunch	Tuna Fish Sandwhichs	Carrots		Bangor	Produce
Friday	Dinner	Chicken Dumplings	Carrots		Bangor	Produce
Monday	Dinner	Cioppino Seafood Stew	Celery		Bangor	Produce
Friday	Dinner	Chicken Dumplings	Celery	2 stalks	Bangor	Produce
Wednesday	Dinner	Filet Mignon	Garlic	Clove	Bangor	Produce

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Day	Meal	Course	Ingrediant	Quantity	Buy In	Dept
Friday	Dinner	Chicken Dumplings	Garlic		Bangor	Produce
Friday	Dinner	Chicken Dumplings	Green pepper		Bangor	Produce
Monday	Dinner	Cioppino Seafood Stew	Green Peppers		Bangor	Produce
Thursday	Dinner	pasta w/ white clam sauce	Lemon Juice	2 lemons	Bangor	Produce
One Lunch	Lunch	Tuna Fish Sandwhichs	Onion	1 small	Bangor	Produce
Tuesday	Breakfast	Homefries	Onions	2 small	Bangor	Produce
Monday	Dinner	Cioppino Seafood Stew	Onions		Bangor	Produce
Friday	Dinner	Chicken Dumplings	Onions		Bangor	Produce
Wednesday	Dinner	Filet Mignon	Parsley	4 meals	Bangor	Produce
Thursday	Dinner	pasta w/ white clam sauce	Parsley		Bangor	Produce
Tuesday	Breakfast	Homefries	Potatoes	7 large	Bangor	Produce
Wednesday	Dinner	Filet Mignon	Potatoes	6 lg	Bangor	Produce
Friday	Dinner	Chicken Dumplings	Potatoes	4	Bangor	Produce
Thursday	Dinner	Caesar Salad	Romain Lettuce		Bangor	Produce
Wednesday	Dinner	Filet Mignon	Shallots		Bangor	Produce
Tuesday	Breakfast	Omlette Herbs			Bangor	Produce
All Lunches	Lunch	Apples			Bangor	Produce
All Lunches	Lunch	Bananas			Bangor	Produce
Monday	Dinner	Cioppino Seafood Stew	Clams		Bangor	Seafood
Monday	Dinner	Cioppino Seafood Stew	Mussels		Bangor	Seafood
Monday	Dinner	Cioppino Seafood Stew	Shrimp		Bangor	Seafood
Monday	Dinner	Cioppino Seafood Stew	White Fish		Bangor	Seafood

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Day	Meal	Course	Ingrediant	Quantity	Buy In	Dept
Daily	Daily		Dr Broners		Bread & Circus	
Saturday	Breakfast	Maple Oatmeal w Peaches	Can Peaches	1 tall can	Trader Joes	
Saturday	Breakfast	Maple Oatmeal w Peaches	Can Pears	1 tall can	Trader Joes	
Monday	Dinner	Red Wine	Charles Shaw Merlot	1.5 Liter	Trader Joes	
Daily	Breakfast	Coffee	Coffee	Beans	Trader Joes	
Tuesday	Breakfast	Homefries	Garlic	(jar)	Trader Joes	
Monday	Dinner	Cioppino Seafood Stew	Garlic		Trader Joes	
Thursday	Dinner	pasta w/ white clam sauce	Garlic		Trader Joes	
Monday	Dinner	Cioppino Seafood Stew	Red Wine - Cooking		Trader Joes	
Monday	Dinner	Cioppino Seafood Stew	Red Wine - Drinking		Trader Joes	
Wednesday	Dinner	Filet Mignon	Red Wine - drinking		Trader Joes	
Wednesday	Dinner	Filet Mignon	Red wine - Saucing		Trader Joes	
Wednesday	Dinner	Filet Mignon	Sun Dried Cherries	Bag	Trader Joes	
Monday	Dinner	Cioppino Seafood Stew	Sundried Tomatos		Trader Joes	
Thursday	Dinner	pasta w/ white clam sauce	White Wine - cooking		Trader Joes	
Thursday	Dinner	pasta w/ white clam sauce	White Wine - drinking		Trader Joes	
All Lunches	Lunch	Dried Fruit			Trader Joes	
Tuesday	Breakfast	Spices	Pepper	Grinder	Andy	
Daily	Breakfast	Tea	Tea Bags		Andy	
Tuesday	Dinner	Green Chili with Pork	Cheddar Cheese	Erics	Eric	
One Lunch	Lunch	Cheese & Crackers	Cheese	Cheddar	Eric	
Friday	Dinner	Chicken Dumplings	Chicken Thighs, bone in, skinless	2.5 lbs	Hill Top	
Wednesday	Dinner	Filet Mignon	Filet Mignon	6 filets	Hill Top	
Daily	Breakfast	Tea	Tea Bags		Mark	
Thursday	Dinner	Caesar Salad	Parmigiano Reggiono (pre grate)		Martys	
Wednesday	Breakfast	French Toast Filling	Rum	1 cup	Martys	
Thursday	Dinner	Caesar Salad	Caesar Dressing		Paul	
Tuesday	Breakfast	Spices	Chili Powder		Paul	
Tuesday	Dinner	Green Chili with Pork	Green Chilli with Pork		Paul	
Friday	Dinner	Chicken Dumplings	Herbs		Paul	
Monday	Dinner	Cioppino Seafood Stew	Herbs		Paul	
Friday	Dinner	Chicken Dumplings	Spices		Paul	
Tuesday	Breakfast	Omlette Herbs			Paul	
Daily			Powdered Milk		REI	

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Day	Meal	Course	Ingrediant	Quantity	Buy In	Dept
Friday	Dinner	Chicken Dumplings	Bisquick		Shaws	Baking
Thursday	Dinner	pasta w/ white clam sauce	Corn Starch		Shaws	Baking
Wednesday	Breakfast	French Toast Filling	Molasses	2 Tbsp	Shaws	Baking
Wednesday	Breakfast	French Toast	Vanilla	Sm. Bottle	Shaws	Baking
Monday	Dinner	Cioppino Seafood Stew	Clam Juice		Shaws	Can Fish
Thursday	Dinner	pasta w/ white clam sauce	Clam Juice	Bottle	Shaws	Can Fish
Thursday	Dinner	pasta w/ white clam sauce	Clams	4 cans	Shaws	Can Fish
One Lunch	Lunch	Tuna Fish Sandwhichs	Tuna	4 cans	Shaws	Can Fish
Wednesday	Breakfast	French Toast Filling	Pineapple	Can	Shaws	Can Fruit
Friday	Breakfast	Hash & Eggs	Hash	3 cans	Shaws	Can Hash
Lunch	Daily	Soup	Can Soups	2 cans	Shaws	Can Soup
Friday	Dinner	Chicken Dumplings	Chicked Stock	2 cans	Shaws	Can Soup
Wednesday	Dinner	Filet Mignon	Chicken Stock		Shaws	Can Soup
Thursday	Breakfast	Huevos Migas	Black Beans	1 Can	Shaws	Can Veg
Monday	Dinner	Cioppino Seafood Stew	Crushed Ground Tomatoes	Big Ass Can	Shaws	Can Veg
Monday	Dinner	Cioppino Seafood Stew	Mushrooms	(canned)	Shaws	Can Veg
Wednesday	Dinner	Filet Mignon	Mushrooms	2 big cans	Shaws	Can Veg
Monday	Dinner	Cioppino Seafood Stew	Tomatoe Paste		Shaws	Can Veg
Daily		Trail Mix	M&Ms		Shaws	Candy
Saturday	Breakfast	Maple Oatmeal w Peaches	Maple Oatmeal	12 pkts	Shaws	Cereal
Wednesday	Breakfast	French Toast	Maple Syrup		Shaws	Cereal
One Lunch	Lunch	Tuna Fish Sandwhichs	Potato Chips		Shaws	Chips
Breakfast	Daily	Cofee	Coffee filters (flat)		Shaws	Coffee
Daily	Breakfast	Hot Chocolate	Hot Chocolate	12	Shaws	Coffee
One Lunch	Lunch	Cheese & Crackers	Cracker	Triskets	Shaws	Crackers
Thursday	Dinner	Caesar Salad	Croutons		Shaws	Crackers
Tuesday	Dinner	Green Chili with Pork	Success Rice	6 people	Shaws	Grain
Daily		Asst	1 qt zip locks		Shaws	Household
Daily			Brillo		Shaws	Household
Daily		Asst	Large Zip locks		Shaws	Household
Daily			Scouring Pads		Shaws	Household
Daily	Daily		Trash Bags		Shaws	Household
Daily		Asst	Wet ones		Shaws	Household
Daily			Wooden Matches		Shaws	Household
One Lunch	Lunch	Tuna Fish Sandwhichs	Mayo	sm. Jar	Shaws	Jar
One Lunch	Lunch	Cheese & Crackers	Mustard		Shaws	Jar
Thursday	Breakfast	Huevos Migas	Olive Oil		Shaws	Jar

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Day	Meal	Course	Ingrediant	Quantity	Buy In	Dept
Monday	Dinner	Cioppino Seafood Stew	Olive Oil		Shaws	Jar
Thursday	Dinner	pasta w/ white clam sauce	Olive Oil		Shaws	Jar
One Lunch	Lunch	Tuna Fish Sandwhichs	Olives		Shaws	Jar
One Lunch	Lunch	Cheese & Crackers	Pepperoni		Shaws	Meat
Tuesday	Breakfast		Hot Sauce	Bottle	Shaws	Mexican
Thursday	Breakfast	Huevos Migas	Salsa, hot green	jar	Shaws	Mexican
Thursday	Breakfast	Huevos Migas	Salsa, mild red	jar	Shaws	Mexican
Daily		Trail Mix	Peanuts		Shaws	Nuts
Daily		Asst	Paper Towels		Shaws	Paper
Daily			Pot Scrubber		Shaws	Paper
Daily		Asst	Tin Foil		Shaws	Paper
Thursday	Dinner	pasta w/ white clam sauce	Pasta		Shaws	Pasta
Two Lunches	Lunch	Peanut Butter & Jelly (2)	Fluff		Shaws	PB&J
Two Lunches	Lunch	Peanut Butter & Jelly (2)	Jelly		Shaws	PB&J
Two Lunches	Lunch	Peanut Butter & Jelly (2)	Peanut Butter		Shaws	PB&J
Wednesday	Dinner	Filet Mignon	Pepper		Shaws	Produce
Daily		Trail Mix	Raisins		Shaws	Produce
Daily			Cinnamon		Shaws	Spices
Tuesday	Breakfast	Spices	Cumin		Shaws	Spices
Tuesday	Breakfast	Spices	Garlic Powder		Shaws	Spices
Wednesday	Dinner	Filet Mignon	Salt		Shaws	Spices
Tuesday	Breakfast	Spices	Sea Salt	In Grinder	Shaws	Spices
Daily	Daily		Sugar		Shaws	Spices
Tuesday	Breakfast	Spices	Thyme		Shaws	Spices